

U N D E R T H E Volume 27, Issue 4

Ambrella

Edmonton Women's Shelter Newsletter - Fall'07 WIN HOUSE I & II

Mission

Edmonton Women's Shelter exists to further nonviolent relationships and environments for women with or without children.

Message from the Executive Director

A child who lives with violence is forever changed, but not forever "damaged".

"Little Eyes, Little Ears" by Linda Baker and Alison Cunningham of the London Family Court Clinic is a new resource that draws together the best and latest research for those that work with women and children that have been exposed to domestic violence.

The document explores myths about choices and reactions that women and children exhibit. For example, Baker and Cunningham state it is a misconception to believe that a woman who loves her children would get out of an abusive relationship to protect them. In reality, some women stay to protect their children. The reasons cited include that for some the violence will continue or increase in severity after the relationship ended.

In addition, the authors cite it is a myth that children will recognize their mother as a victim and their father as the cause of the problems and abuse. In fact, young children do not recognize the power imbalance when adults are in conflict as the adults seem equally powerful to them.

"Little Eyes, Little Ears" examines how violence is experienced by children of all ages and how we can devise ways to help. This valuable tool is available at www.phac-aspc.gc.ca/nc-cn

November is Family Violence Prevention Month in Alberta. During this time we invite our community to take an interest in this important issue and learn how to make the future better for those that are affected by domestic violence.

Thank you,

Sandra Danco
Executive Director

Christmas Cards



The perfect cards for Christmas are available in festive packages of 16. All occasion cards are also available. Turn to page 2 for more WIN House favourites.

WIN House Marketplace



Christmas Cards and All Occasion Greeting Cards

Festive Christmas Cards are now available to purchase in support of WIN House. They come in packages of 16 and feature a variety of artistic styles. We also still have our all occasion cards available.

The Christmas and All Occasion card sets are \$16.00 each.



"More Winning Favourites" Cookbooks

This amazing cookbook has over 200 fantastic recipes from local celebrities, restaurants and friends of WIN House. You can be sure to find

delicious recipes that will make entertaining easy and fun! Here's an idea of just a few of the tasty treats featured:

"Beef Marguerite" courtesy Gail Lovig, of Company's Coming

"Pork Loyn Medallions in Roasted Onion Garlic Mustard Glaze" by Joanne Zinter, of Zinter Brown Tasty Treats.

"Scottish Shortbread"

courtesy of Maria Dunn, singer and songwriter.

Sure to get your taste buds watering, "More Winning Favorites" is available for only \$18.00!

"More Winning Favourites" and card sets may be purchased at the WIN House Business Office, or through canvassers in your area. Please call (780) 471-6709 ext. 226 for more information.

WIN House

c/o P.O. Box 20088 RPO Beverly Edmonton, Alberta T5W 5E6

Phone: (780) 471-6709 Fax: (780) 479-8252 Email: ewsinfo@telus.net www.winhouse.org

Please insert the quantity you would like for each of the following:

YES! I want the all occasion 16 piece greeting cards set (\$16/set)

YES! I want the 16 piece Christmas cards set (\$16/set)

YES! I want the "More Winning Favourites" (\$18 each)

Please apply a \$3 Shipping & Handling Fee for single items and \$6 for 2-5 items.

Name: _____

Address: _____

City: _____

Province: _____ Postal Code: _____

Home phone: _____

Business phone: _____

I'm enclosing my cheque/money order payable to WIN House

Please charge my credit card: VISA__ Mastercard__

Total charge: \$ _____

Credit card number: _____

Expiry Date: _____

Signature: _____

We value your privacy and respect the privacy of all who purchase products from WIN House. We do not disclose or sell personal information.

WIN House Happenings



3rd Annual GE Empty Bowls for WIN House



WIN House and GE were pleased to host the pottery themed luncheon and silent auction on Monday, September 24 to a sold out crowd! Guests enjoyed a delicious lunch, silent auction full of fantastic items, and entertainment by a cappella group Asani.

This year we were honored to have Ted Jaleta join us as our guest speaker. His story of wisdom, courage and determination was an inspiration to all in attendance. Here are a few excerpts from his powerful speech:

"Most of us take our freedom for granted because it doesn't seem possible to lose the ability to live freely. But the victims of domestic violence understand what it is like to lose basic freedoms and live in fear everyday. Coming to WIN House for help is a big step and the beginning of a new chapter in their lives. We must encourage them to not be deterred by the challenge they are facing.

I have had to overcome much adversity in my life and when people ask me how I did what I did to survive, the best answer I have is that somehow I found the courage to believe there was always something better waiting for me. I had to use my strong will to live to carry me through and see beyond the current situation.

We need a life that is rich with hope and possibilities. Life can be a bumpy road, but if we approach these bumps as learning opportunities for growth, our coping mechanisms will improve. Difficult times often help us to become better persons.

I have witnessed many forms of domestic violence over the years even in my own family and community. It takes courage to face these social issues and embrace decisive action to break the cycle of violence that a lot of women experience. The Edmonton Women's Shelter and all of you who support their efforts should be congratulated for the positive impact you are having on the lives of others."



Ted's story is retold in the book "Never Give Up", available on-line at www.tedjaleta.com or at Greenwood Book Shoppe.

Please see our Thank You section for a complete list of all our sponsors and supporters!



2007 Christmas Hamper Program

Can you imagine what Christmas would be like in a different home with no presents under the tree and no turkey on the Christmas table? The holiday season can be a very sad and lonely time for families who have recently left shelter and are on their own.

A Christmas Hamper can make all the difference to a family in need during the holiday season.



Last year the Christmas Hamper Program was able to provide gifts and grocery gift certificates to over 94 women and their children and with your help we will be able to bring "hope" to even more families this year.

There are four plans available for those who wish to sponsor a family:

- 1) Gift Purchase Plan
- 2) Grocery Gift Certificate Plan
- 3) Gift and Grocery Gift Certificate Plan
- 4) Cash Donation Plan

If you are interested in sponsoring a family or have questions regarding the four plans, please contact Connie Serink at 471-6709 ext 225 or ewsvolun@telusplanet.net.

A Special Thank You!



3rd Annual GE Empty Bowls for WIN House

Thank you to all our volunteers for your tremendous help! WIN House truly appreciates your continuous commitment to our fundraising events.



Thank you to our sponsors:

A sincere thank you to our Premier Sponsor GE!
Thank you to our Bowl Sponsor, Dacro Industries Ltd.,
and Ladle Sponsor, Syncrude.

Thank you to our media sponsors Big Earl 96.3fm and CityTV for your tremendous support of this event! A special thank you to Jason Roberts and Abbey White from Big Earl who auctioned off their Morning of Pottery bowl on air, and to Shane Pierce & Merrian Daly and Peter Lynn for their winning bids! Also thank you to Bridget Ryan of CityTV as Master of Ceremonies at the Luncheon and Silent Auction.

Thank you to all of our silent auction donors and the employees of GE Money Canada for the beautiful gift baskets.

Central Sewing

A sincere thank you for your continual support of WIN House through donations of handmade clothing, quilts and other needed items.

CUPE Local 3550

WIN House sincerely thanks all the members of CUPE Local 3550 for collecting much needed household items on "CUPE in Communities Day" during their project on behalf of WIN House, "Rebuilding Strong Communities one Kitchen at a Time" on October 2nd! Your continued generosity is truly appreciated.

Kelly Adames with Kieren Bellis Designs

Thank you to Kelly, who donated all proceeds from her handmade pins sold at Scrapfest 2007 to WIN House.

Edmonton Eskimo Alumni Association

WIN House thanks you for your financial contribution!

Telus Women's Connections Edmonton Chapter

The Women's Connections Chapter golfed for WIN House at Eagle Rock Golf Course on July 25. All team member donations were matched by Telus through their Dollars for Fundraisers campaign and we sincerely thank all members for choosing WIN House as the recipient of their generosity!

10th Annual Edmonton IT Masters Golf Tournament

Thank you to all the sponsors, donors, and participants for your continued support of WIN House. This year WIN House was able to purchase new and restyle existing furniture with the proceeds collected from the tournament!

How Can You Help?

Any donations that you may give go directly towards the services and programs for the women and children of WIN House. Tax receipts can be provided for monetary donations. Please consider WIN House when you are planning your charitable donations for 2007 and beyond. We retain the confidentiality of all donors' names and membership lists. We do not sell or share donor lists or membership lists.

If you would like to make a tax deductible donation, please call Karen Poitras at 471-6709 ext. 223.

WIN House Recognizes 10th Year of the Scotiabank Charity Golf Classic

On August 29, 2007 Scotiabank held their 10th Annual Charity Golf Classic at the Highlands Golf Club. This annual golf tournament is an extraordinary demonstration of the continued support we receive from our community.

We would like to thank all of the Committee Members for their time and effort towards this event: Mohammed Akbar, Barb Emerson, Diane Wheatley, Eman Oliver, Connie Biel, Bryan Leishman, Dory Reich, Paulette Godin-Donovan, and Wade Headington.



(Left to Right) Mike Wilson, District Vice President Scotiabank
Chris Bruce - District Vice President, Scotiabank
Eman Oliver - Branch Manager, Ottewell, Scotiabank
Sandra Danco - Executive Director, Edmonton Women's Shelter
Mo Akbar - Investment Field Consultant, Scotiabank

We asked Scotiabank why they choose to continually support WIN House as the recipient of the Annual Golf Classic, and Eman Oliver, Committee Member states that WIN House is a worthwhile cause with a growing need , and the

staff at Scotiabank are committed to helping out and giving back to the community.

All employees of Scotiabank recognize the need to support a community agency such as WIN House.

We look forward to the 11th Annual Scotiabank Charity Golf Classic!

Our Volunteers are WINNERS!!

Volunteer opportunities are available with sorting donations and special events. Contact Connie, Coordinator of Volunteer Services at (780) 471-6709 ext. 225 for more information on volunteering!

A few hours of your time can help make the difference in the life of a woman or child in crisis.

Donate Online

You can now make monetary donations to WIN House online! Visit our website, www.winhouse.org and click on the icon "Donate now through **CanadaHelps.org**". It is quick and easy!

Our Guests Don't Have Time to Pack an Overnight Bag

Many of our guests leave their homes unexpectedly and do not have time to collect the things that they and their children will need away from home. WIN House supplies the necessary personal incidentals and therefore we need a constant supply. People commonly ask what we need, so here are a few ideas! (Demand is greatest for household items to help women start new homes.)

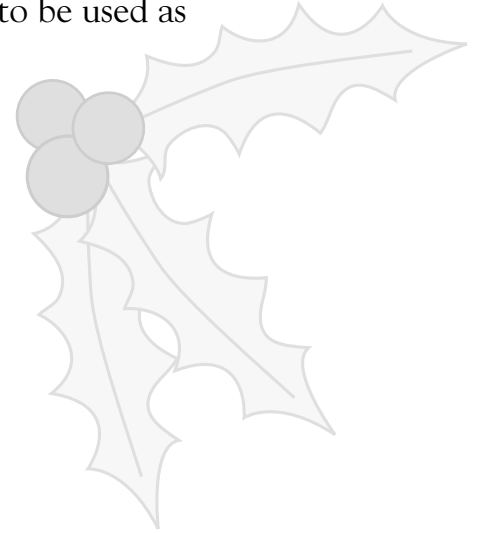


CHRISTMAS WISH LIST

Please bring only **NEW** items to be used as Christmas gifts.

Women

- Gift certificates
- Toiletries Gift Basket
- Make-up
- Watches
- Casual Wear
- Sleep Wear
- Journals, diaries



Hours of Operation

Monday through Thursday

8:30 am to 4:30 pm

(closed for lunch noon - 1:00pm)

Friday thru Sunday

& Stat Holidays - CLOSED

Christmas Hours

Open Friday, Dec. 7, 14 and 21

8:30 am to 4:30 pm

Closed Dec 24 - Jan 1

Teenagers

- Gift Certificates (Music, clothes)
- Movie passes
- Casual Wear
- Board games
- Electronic games
- Makeup
- Watches

Children

- Toys and clothing for children ages newborn to 12 years.

Please let us extend our thanks in advance, as we are continually grateful for all of the items donated. Please contact the Business Office at (780) 471-6709 to arrange for drop-off.

If you wish to make a financial contribution to WIN House, please make cheques payable to either Edmonton Women's Shelter Ltd. or WIN House. Credit Card contributions are accepted via telephone (please contact Karen Poitras at 471-6709 ext. 223).

Charitable Registration # : 107283301 RR 0001 www.cra-arc.gc.ca/tax/charities

Wanda, our "Volunteer of the Quarter"

Wanda donated her time to WIN House by volunteering to call the community to request silent auction items for our 3rd Annual GE Empty Bowls for WIN House. An important element of this fundraiser is the items we receive for this auction, and this wouldn't be possible without the help of volunteers like Wanda.

Why did you decide to volunteer your time for WIN House?

I wanted to volunteer for WIN House as I feel it is a very important organization in the community in aiding women and children who may feel helpless to move forward.

What is the most rewarding aspect in volunteering for WIN House?

To be a part of the Empty Bowls event and be surrounded at the luncheon by so many supportive people of the WIN House was very heartfelt.

What, if anything, have you gained from your volunteering experiences?

Volunteering for WIN House has given me a much greater understanding of the hardships and struggles that women and children endure when they are faced with abusive and violent situations and it has also made me more thankful of my family. To be a part of this event on such a small scale makes me want to help more in the community. Thank you for allowing me to be a volunteer.

WIN HOUSE

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Email: ewsinfo@telus.net www.winhouse.org



Thank you for supporting WIN House!

YES! I want to support WIN House

Name: _____

Address: _____ City: _____

Province: _____ Postal Code: _____

Home Phone: _____ Business Phone (optional): _____

Here is my donation of: \$ _____ Email address (optional): _____

For an additional \$25 I would like to become a member. (Membership year runs from July 1 to June 30)

I'm enclosing my cheque/money order payable to WIN House

Please charge my credit card: VISA Mastercard

Total Charge: _____

Credit Card number: _____ Expiry Date: _____

Signature: _____

(We retain the confidentiality of all donors' names.)

Please return this form along with your donation.

Charitable registration #: 107283301 RR 0001 www.cra-arc.gc.ca/tax/charities

Programs Offered by the Edmonton Women's Shelter

EWS offers shelter and support for women who are psychologically, physically, sexually, spiritually or financially abused. Edmonton Women's Shelter operates two residential shelters for women with or without children leaving abusive relationships. These two shelters are called WIN House. Edmonton Women's Shelter believes in the fundamental equality of women and that violence against women is a societal problem. EWS also believes that the world should be free from violence and that women should be empowered and self-determined.

CRISIS INTERVENTION

- Temporary shelter, food and personal necessities for women and children staying at WIN House (for a period of up to three weeks) who are seeking refuge from abusive relationships.
- A 24 hour support and information line.

CHILD SUPPORT PROGRAM

- Daily programming for children and youth of all ages.
- A school maintenance program.

VOLUNTEER PROGRAM

- Opportunities for involvement in special events and helping to sort donations.

DONATIONS PROGRAM

- A donation distribution system for household items, clothing and personal items.

OUTREACH PROGRAM

- Practical and emotional support given to women when they leave the shelter, strengthening their access to community resources.

PUBLIC EDUCATION

- Presentations on family violence to large or small groups on request.

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An Ongoing Project of
Edmonton Women's Shelter Ltd.

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