

U N D E R T H E Volume 28, Issue 4

# *Umbrella*

Edmonton Women's Shelter Newsletter - Fall'08 WIN HOUSE I & II

## **Mission**

*Edmonton Women's Shelter exists to further nonviolent relationships and environments for women with or without children.*

## *Message from the Executive Director*

### **Your gift will help me earn a living at a decent paying job...**

*A donor recently stated that they supported WIN House so that a woman and her children could find safety, help and resources to deal with domestic abuse when they needed it.*

*Another donor wrote a note stating that lots of love went into every stitch. She carefully listed all the knitted items that she included with her letter. Another carefully packaged and mailed her donation of knitted mitts.*

*Another donor wanted their gift to go specifically to help a woman that was returning to school or employment. We honoured the donor's wishes and gave women in need the items they needed including help with obtaining a lapsed professional licence and the clothes required in order to get on the job site. One of the women commented: "Your help will allow me to get to work and earn a living at a decent paying job. This kindness has given me the chance to get back on my feet and become independent."*

*There is never one situation or day that is the same at WIN House. Each woman and her circumstances are unique. Staff work with each woman to set realistic goals during her short 21 day stay. Crisis intervention workers are very knowledgeable about resources in the community so that women can get the help they need and make their own decision. Staff of WIN House are like information advisers that help women get through systems such as financial benefits, housing options, legal resources, and safety planning.*

*The 21-day stay is an active busy time of transition and staff support shelter residents with knowledge so that they can get back on their feet and become independent just as the woman stated above. Indeed, some shelter residents comment that they did not know there was so much help available for someone in their situation.*

*We at WIN House appreciate the support of all of our donors and supporters that allows us to help women meet their goals. Please keep us in mind as we go into the holiday season and as you plan your financial contributions for 2008 and beyond.*

Thank you,

**Sandra Danco**  
Executive Director

## **Christmas Cards**



**The perfect cards for Christmas are available in festive packages of 16. All occasion cards are also available. Turn to page 2 for more WIN House favourites.**

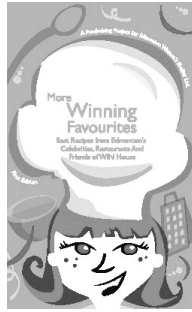
# WIN House Marketplace



## Christmas Cards and All Occasion Greeting Cards

Festive Christmas Cards are now available to purchase in support of WIN House. They come in packages of 16 and feature a variety of artistic styles. We also still have our all occasion cards available.

The Christmas and All Occasion card sets are \$16.00 each.



## "More Winning Favourites" Cookbooks

This amazing cookbook has over 200 fantastic recipes from local celebrities, restaurants and friends of WIN House. You can be sure to find delicious recipes that will make entertaining easy and fun!

Here's an idea of just a few of the tasty treats featured:

“Coconut Shrimp Cakes” courtesy of The Creperie.

“Garlic Soup” courtesy of BOMA Edmonton.

“Patsy’s Goopy Squares” courtesy of a Friend of WIN House.

An absolute delight, “More Winning Favorites” is available for only \$18.00!

*“More Winning Favourites” and card sets may be purchased at the WIN House Business Office, or through canvassers in your area. Please call (780) 471-6709 ext. 226 for more information.*

### WIN House

c/o P.O. Box 20088 RPO Beverly Edmonton, Alberta T5W 5E6

Phone: (780) 471-6709 Fax: (780) 479-8252 Email: [ewsinfo@telus.net](mailto:ewsinfo@telus.net) [www.winhouse.org](http://www.winhouse.org)

Please insert the quantity you would like for each of the following:

- YES! I want the all occasion 16 piece greeting cards set (\$16/set)  
 YES! I want the 16 piece Christmas cards set (\$16/set)  
 YES! I want the “More Winning Favourites” (\$18 each)

Please apply a \$3 Shipping & Handling Fee for single items and \$6 for 2-5 items.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home phone: \_\_\_\_\_

Business phone: \_\_\_\_\_

I'm enclosing my cheque/money order payable to WIN House

Please charge my credit card: VISA\_\_ Mastercard\_\_

Total charge: \$ \_\_\_\_\_

Credit card number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_

# A Special Thank You!

## **Crimestoppers Association of Edmonton and Northern Alberta**

Thanks to Crimestoppers for their invaluable assistance with distributing 15,000 copies of the Date Safe Relationship Handbook across Edmonton and Northern Alberta. To view a copy of the Date Safe Relationship Handbook for youth go to [www.winhouse.org](http://www.winhouse.org).

## **Erna Mudt**

Many thanks to a friend of WIN House that donated her time and effort to make scarves, toques, mitts and knitted baby blankets for residents.

## **Barb Henderson**

Thank-you to Barb for her gift of knitted mitts.

## **Maria of Domestic Home Services**

Thanks to Maria for her ongoing donations of much needed household items that WIN House gives to women when they depart the shelter.

## **Cloud Nine Pyjamas**

Thank-you for your generous gift of new pyjamas. The timing of your donation is much appreciated.

## **Verna & Pat Burns**

WIN House is very grateful for your generous gift of casual shoes.

## **Bunches Flowers**

Thank-you for the lovely floral bouquet for the 11<sup>th</sup> Annual Scotiabank Charity Golf Classic.

## **Synenco Energy Employees' Foundation Fund**

Thank-you to the Synenco Energy Employees' Foundation Fund through The Calgary Foundation for their monetary support.

## **Ermineskin Sew & Sews**

Congratulations on your 4<sup>th</sup> Annual Quilts for Charity Event and for supporting WIN House with your efforts. We are very honoured to be gifted with the work of your hands and your time. Your work leaves a positive image in many rooms of our shelters.

## **Ladies' Auxiliary Royal Canadian Legion Kingsway Branch # 175**

Thank-you for your continued generosity and support.

## **Haliburton**

Thank-you for your donation of cell phones.

## **Edmonton Local Council of Women**

The Local Councils of Women have existed in Canada since 1908 and have worked to improve the quality of life for women, families and society. Here in Edmonton, Emily Murphy was an honorary president of Local Council of Women for many years. Each year the ELCW undertakes a service project to serve the needs of various charities including WIN House. Thank-you to the ELCW for their years of service and for the generous donation of bedding, quilts and household items to WIN House.

## **CUPE Local 3550 - CUPE in Communities Day**

CUPE believes in building strong communities. WIN House is grateful for the efforts of CUPE Local 3550 for supplying new kitchen items for women that are transitioning from WIN House into the community. The membership collected a huge amount of kitchen utensils and small appliances. Thank-you to Edmonton Public Schools support staff for your generosity.

**Sturgeon Heights School** for their donation of toques, mitts and scarves.

**Federico and friends** for their donation of Halloween treats for the women and children.

**Al-Terra Engineering**

**Plumbers & Pipefitters Local Union 488**

**Telus Communications**

**University of Alberta Pan Hellenic Council**

**Wawanesa Mutual**

**Don Lawry - EPCOR**

## ***Our Volunteers are WINNERS!!***

Volunteer opportunities are available with sorting donations and special events. Contact Connie, Coordinator of Volunteer Services at (780) 471-6709 ext. 225 for more information on volunteering!

*A few hours of your time can help make the difference in the life of a woman or child in crisis.*



# 4<sup>th</sup> Annual Reflex Manufacturing Empty Bowls for WIN House

## *Congratulations to the Students of Premiere Entertainment!*

WIN House was privileged to have the students of Premiere Entertainment as our special guests at the 4<sup>th</sup> Annual Reflex Manufacturing Empty Bowls for WIN House Luncheon held at The Sutton Place Hotel and hosted by Bridget Ryan of Citytv.

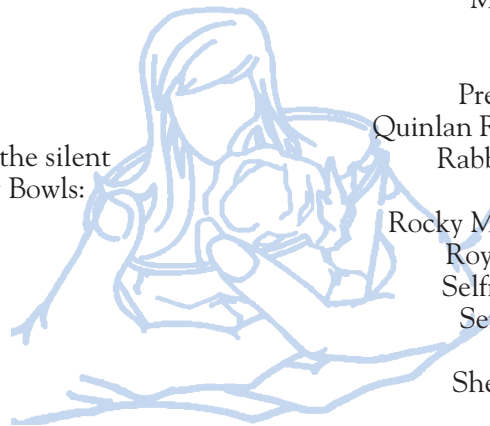
We wish to thank Wes Inaba, Director of Premiere Entertainment for his efforts. The youth gave outstanding performances to an audience of approximately 300 people. They believe that it is important for them to give back to the community and we would like to acknowledge them for that!

Bernard Quilala	Alexandra Mackenzie
Danielle Lowe	Olivia Richardson
Taylor Osedowsky	Mackenzie Meachem
Avery Towle	Mieke Sobolewski
Kira Hladun	Sean Sonogo
Kristen McGovern	Tianna Borle
Alexandra Adamoski	Lyndsey Manyluk
Lauren Adamoski	Kirsten Borle

Home Quilting Services  
 Il Forno  
 Italian Bakery  
 Italian Centre  
 Java Jive  
 Jeffrey's Café and Wine Bar  
 Johnson's Sewing Centre  
 Kamena Gallery  
 Kate Ashton Florists  
 Kingsway Toyota  
 Lone Pine Publishing  
 M&M Meat Shop  
 Meyers Norris Penny  
 Minister Iris Evans  
 MLA Hugh MacDonald  
 MLA Laurie Blakeman  
 MLA Raj Sherman  
 MP Peter Goldring  
 Packrat Louie's  
 PiccoLino's  
 Premier Ed Stelmach  
 Quinlan Road- Loreena McKennitt  
 Rabbit Hill Snow Resort  
 Ric's Grill  
 Rocky Mountain Soap Company  
 Royal Alberta Museum  
 Selfridge Pottery Studio  
 Servus Credit Union  
 Shambles  
 Sherlock Holme's Pub  
 Sorrentino's  
 Tarah's Grower Direct  
 Target Your Energy Personal Training  
 United Cycle  
 Upper Crust  
 West Edmonton Mall  
 YMCA  
 Ukrainian Cultural Heritage Village

A Special Thanks to all of our donors for the silent auction items and door prizes for Empty Bowls:

Acklands Grainger Inc.  
 Alberta Group of Restaurants  
 Anne Royds  
 Arlene Hall  
 Artbeat Gallery & Frame  
 Audreys Books Ltd.  
 Banff Rocky Mountain Resort  
 Bin 104 Fine Wine & Spirits  
 Brenda's Paint Pot  
 Budget Rent a Car Edmonton  
 Café De Ville  
 Mayor Cathy Olesen, Strathcona County  
 Casino Yellowhead  
 Central Sewing Volunteers  
 Chintz & Co.  
 Citadel Theater  
 Clayworks Studio Link  
 Cleanit Greenit Compost  
 Company's Coming  
 Con Boland  
 Councillor Karen Leibovici  
 Councillor Linda Sloan  
 Crank Pot Studio  
 Culina Restaurant  
 Edmonton Fire and Rescue  
 Fife n' Dekel  
 Finning  
 Focus on You Day Spa  
 Hole's Greenhouse



*A special Thank You to all of the GE volunteers for their time during the luncheon and the donation of the beautiful baskets used in our silent auction!*

*A very special Thank You to Lori Elms & Associates, J.Ennis Fabrics, Progressive Painting, Canadian Curtain and Hunter Douglas for their contributions towards one of our raffle prizes, 'Room Makeover' package.*

*Thank you to The Sutton Place Hotel for their contribution 'Night of Romance' package. Congratulations to the lucky winners!!*

*Also a special Thank You to Debbie, Terry, Carey-Lynn, Dee and Bonnie for their tremendous help in setting up!*

# University of Alberta Students Create Unique Fundraiser for Charity

With their top sellers being rice krispy lollipops and double chocolate chunk cookies, it's not much wonder

these University of Alberta students have had such successful bake sales!

**Baking 4 Benefit** started as an idea among a group of friends who enjoy baking but had trouble finding enough mouths to eat all of the baked goods. Charity has always been a priority among this group of friends so they thought that baking and raising money went perfectly hand-in-hand. Their bake sales are held on and off campus to attract

a diverse crowd in order to raise as much awareness as possible. Participants range from enthusiastic beginners



Left to right:  
Carolyn Mah Past President,  
Sandra Danco WIN House,  
Katie Russell President

to baking experts. They have welcomed students from across Canada and around the world to not only provide a place for bakers to give back to the community but also a social gathering where people can meet others with common interests and share their baking secrets! All of this they say "to benefit a local organization, WIN House, who doesn't receive as much media attention or funding as other larger charities"...and we thank them for that!!

## WIN House Helping Women in Need since 1968

WIN House would not be able to assist as many women and children without the help of all of the individuals and organizations who continue to support our work. The thoughts below are from women who have stayed at WIN House. Their words reflect the positive impact WIN House had on their lives and those of their children.

*We felt safe and comfortable. I'm more aware of the help I'll receive now that I'm in Edmonton.*

*It helped me realize that there is help out there and I'm not alone in the world.*

*Having a place where I can be supported and helped with food and shelter allows me to focus on being a healthy mother and being independent and self-sufficient.*

*You helped us feel safe and many of resources to help us in the community.*

*The workers here were extremely supportive. The workers here had a positive attitude towards my goals. Thank you so much.*

*Positive impact because helps me to believe I was in an abusive relationship.*

*Because now I'll have my own home for my child and not have to stay with anyone abusive.*

*This can be one woman's story or the stories of several. With your support, we can continue to provide help to those who need the services of WIN House.*

### WIN House Statistics 2007-2008

Total Number of women and children served by WIN House	717
Number of families turned away due to lack of space	287
Number of crises calls	2102
Total number of women served	294

# TRI-SHELTER CHRISTMAS HAMPER PROGRAM 2008

I'm sure you can imagine what Christmas would be like in a new home with no presents under the tree and no turkey on the Christmas table. The holidays can be a very sad and lonely time for families who have recently left the shelter.

TRI-Shelter Outreach Program is a joint program consisting of Edmonton Women's Shelter, Lurana Shelter, and A Safe Place. This program offers outreach support to the families who leave the shelters. This extra support can make all the difference to those families, especially at a difficult time such as Christmas. Last year we were able to provide gifts and grocery gift certificates to 92 women and their children. With your help, we will be able to bring "cheer" to even more families this year.

There are four plans available for those who wish to sponsor a family this year. They are described below.

## 1. The Gift Purchase Plan

You will be contacted with the information on the family/ families that you are sponsoring. A family profile including wish list will be provided.

## 2. The Grocery Plan

The Grocery Plan for the TRI-Shelter Outreach Program is unique. Rather than donating actual food items, we ask that you donate gift certificates from a local grocery store. This provides families the freedom and opportunity to choose their own food. You will be matched with a family and be provided with a family information sheet so that you may purchase gift certificates in accordance with the family size.

## 3. The Gift and Grocery Plan

For those of you who are able to give a little bit more, we invite you to sponsor a family with both gifts and grocery certificates. You will be provided with a family information sheet as well as a general wish list.

## 4. Cash Donation Plan

For those of you who would like to donate but may not be able to personally shop for gifts, EWS is happy to help out. Simply send a cheque payable to Edmonton Women's Shelter, indicating "For Christmas Sponsorship 2008" by November 30<sup>th</sup>. We will then use this money to purchase gifts for a family on your behalf. Please note the deadline for this sponsorship option, as it is critical in ensuring that we have enough time to purchase the gifts.

Tax receipts are available at your request. If you require a tax-deductible receipt please submit original receipts of your purchases.

Please note: To ensure everyone's security and safety it is necessary that contact with families only be made through staff at WIN House; volunteers will deliver the hampers. We thank you for your cooperation.

If you would like to sponsor a family or if have any questions please contact Connie Serink at 780-471-6709 ext.225 or send your request by email to ewsvolun@telusplanet.net.

*Thank you for sharing your Christmas spirit with the women and children in the TRI-Shelter Program.*

## Hours of Operation

Monday through Thursday 8:30 am to 4:30 pm  
(closed for lunch noon - 1:00pm)  
Friday thru Sunday & Stat Holidays - CLOSED

# 11th Annual Scotiabank Charity Golf Classic



From left to right: Eman Oliver, Mo Akbar, Chris Bruce and Sandra Danco

Special thanks to the Golf Tournament Committee for continuing to make this Charity Golf Classic more and more successful every year:

- Connie Biel
- Eman Oliver
- Randy Mueller
- Diane Wheatley
- Barb Emerson
- Mo Akbar
- Dave MacPherson
- Rick Beier
- Dory Reich

## WIN HOUSE

c/o P.O. Box 20088 RPO Beverly Edmonton, Alberta T5W 5E6  
 Phone: (780) 471-6709 Fax: (780) 479-8252  
 Email: [ewsinfo@telus.net](mailto:ewsinfo@telus.net) [www.winhouse.org](http://www.winhouse.org)



*Thank you for supporting WIN House!*

YES! I want to support WIN House

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Business Phone (optional): \_\_\_\_\_

Here is my donation of: \$ \_\_\_\_\_ Email address (optional): \_\_\_\_\_

For an additional \$25 I would like to become a member. (Membership year runs from July 1 to June 30)

I'm enclosing my cheque/money order payable to WIN House

Please charge my credit card: VISA  Mastercard

Total Charge: \_\_\_\_\_

Credit Card number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_

(We retain the confidentiality of all donors' names.)

Please return this form along with your donation.

Charitable registration #: 107283301 RR 0001 [www.cra-arc.gc.ca/tax/charities](http://www.cra-arc.gc.ca/tax/charities)

# Programs Offered by the Edmonton Women's Shelter

EWS offers shelter and support for women who are psychologically, physically, sexually, spiritually or financially abused. Edmonton Women's Shelter operates two residential shelters for women with or without children leaving abusive relationships. These two shelters are called WIN House. Edmonton Women's Shelter believes in the fundamental equality of women and that violence against women is a societal problem. EWS also believes that the world should be free from violence and that women should be empowered and self-determined.

## CRISIS INTERVENTION

- Temporary shelter, food and personal necessities for women and children staying at WIN House (for a period of up to three weeks) who are seeking refuge from abusive relationships.
- A 24 hour support and information line.

## CHILD SUPPORT PROGRAM

- Daily programming for children and youth of all ages.
- A school maintenance program.

## VOLUNTEER PROGRAM

- Opportunities for involvement in special events and helping to sort donations.

## DONATIONS PROGRAM

- A donation distribution system for household items, clothing and personal items.

## OUTREACH PROGRAM

- Practical and emotional support given to women when they leave the shelter, strengthening their access to community resources.

## PUBLIC EDUCATION

- Presentations on family violence to large or small groups on request.

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An Ongoing Project of  
Edmonton Women's Shelter Ltd.

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