

U N D E R T H E Volume 28, Issue 3

# *Umbrella*

Edmonton Women's Shelter Newsletter - Summer'08 WIN HOUSE I & II

## **Mission**

*Edmonton Women's Shelter exists to further nonviolent relationships and environments for women with or without children.*

## *Message from the Executive Director*

### *The effects of domestic violence diminish all of us.*

*The FaithTrust Institute founded by Rev. Dr. Marie M. Fortune is a multifaith international organization that works to end domestic and sexual violence by giving tools and resources to various groups including Asian, Buddhist, Jewish, Latino, Muslim, Black, Indigenous, Protestant and Catholic communities. Their goal is to address the religious and cultural issues related to abuse. Dana Nelson cited the following story in her award-winning sermon about domestic violence in a religious context. She won the award from the FaithTrust Institute.*

*In Nicaragua, a group of women met regularly to share their faith and study the Bible. In their discussions they found a problem in common of recurring incidents of abuse in their homes.*

*At the same time a man in their village was abusing his son. The neighbourhood could hear the angry father shouting at his son and beating him with a belt. The women's group made a plan. When their group met and heard the sounds of abuse from the man's home they gathered up and went to his home with pots, pans and metal spoons. They began to clank the pots and pans in unison. CLANK CLANK CLANK.*

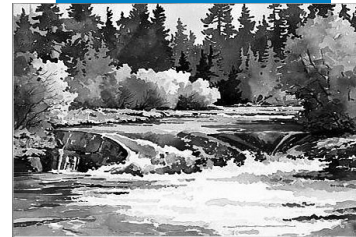
*The man came out and demanded to know what they were doing. The women told him to stop beating his son. He slammed the door and continued the abuse. The women continued to hit the pots and pans. He opened his door and shouted, get out of here, this is my son! The women answered back, this is our community!*

*Edmonton is our community. The above story can inspire persons of any faith or belief to help an abused woman that is suffering abuse within a religious context in our own neighbourhoods. You can review important resources and ideas from the FaithTrust Institute at [www.faithtrustinstitute.org](http://www.faithtrustinstitute.org) or link to it at [www.winhouse.org](http://www.winhouse.org).*

Thank you,

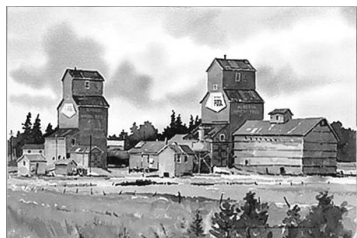
**Sandra Danco**  
Executive Director

All  
Occasion  
Greeting  
Cards



The  
perfect  
cards for  
any  
occasion  
are  
available  
in  
packages  
of 16.  
Turn to  
page 2  
for more  
WIN House  
favourites.

# WIN House Marketplace



## All Occasion Greeting Cards

All occasion cards are available to purchase in support of WIN House. They come in packages of 16 and feature a variety of local artistic styles, including the works of Jim Brager, Doris Charest, Kari Duke, and Joan Healey.

All Occasion card sets are \$16.00 each.



## "More Winning Favourites" Cookbooks

This amazing cookbook has over 200 fantastic recipes from local celebrities, restaurants and friends of WIN House. You can be sure to find delicious recipes that will make entertaining easy and fun!

Here's an idea of just a few of the tasty treats featured: **"Tiger Shrimp Mexicana"** courtesy Patti Siegal, Friend of WIN House.

**"Honey Garlic Ribs"** by Faye, Friend of WIN House.

**"Tiramisu"** courtesy of Chianti Café and Restaurant.

An absolute delight, "More Winning Favorites" is available for only \$18.00!

*"More Winning Favourites" and card sets may be purchased at the WIN House Business Office, or through canvassers in your area. Please call (780) 471-6709 ext. 226 for more information.*

### WIN House

c/o P.O. Box 20088 RPO Beverly Edmonton, Alberta T5W 5E6

Phone: (780) 471-6709 Fax: (780) 479-8252 Email: [ewsinfo@telus.net](mailto:ewsinfo@telus.net) [www.winhouse.org](http://www.winhouse.org)

Please insert the quantity you would like for each of the following:

- YES! I want the all occasion 16 piece greeting cards set (\$16/set)  
 YES! I want the 16 piece Christmas cards set (\$16/set)  
 YES! I want the "More Winning Favourites" (\$18 each)

Please apply a \$3 Shipping & Handling Fee for single items and \$6 for 2-5 items.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home phone: \_\_\_\_\_

Business phone: \_\_\_\_\_

I'm enclosing my cheque/money order payable to WIN House

Please charge my credit card: VISA\_\_ Mastercard\_\_

Total charge: \$ \_\_\_\_\_

Credit card number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_

# A Special Thank You!

## **18th Annual Servus Credit Union Win FORE WIN Women's Golf Tournament**

*Thank you to our volunteers:*

Vallery Claveau, Richelle Serink, Michelle Rustad, James English, Elizabeth Papko, and Tamara Wickberg. Your help was really appreciated!

*Thank you to our sponsors:* A heartfelt thank you to our Platinum Sponsor: Servus Credit Union

Thank you to our Gold Sponsor: Dacro Industries

Silver Sponsor: Investors Group

Bronze Sponsors: Yellowhead Honda, Alberta Co-op Taxi Line, Gracom Masonry, and Hollimex Products. Thank you also to the Cheesecake Café for donating the delicious dessert and Eagle's Nest Catering for providing the breakfast for all the women. Also, a huge thank you to our Hole Sponsors: AMJ Campbell Van Lines, Envy Hair & Nails, ING, Vacations Plus, Yellowhead Honda, Investor's Group, Details Plus Lifestyle Management, Newest Travel, and Treasures Insurance.

## **The Thrift Shop (St. Andrews United Church)**

Thank you to The Thrift Shop of Spruce Grove for your continued support. All funds donated from The Thrift Shop go towards purchasing essential household items for women who are leaving the shelter.

## **Sutton Place Hotel**

Thank you to the Sutton Place Hotel for generously donating the room used for our Annual General Meeting in June.

## **Scotiabank - Terra Losa Centre**

We appreciate the continued support from the Scotiabank - Terra Losa.

## **HBC / Zellers**

A special thank you to HBC/Zellers for their continued support.

## **Debbie and Dale Barnard and Ronald Cloutier**

Thank you to Debbie, Dale and Ronald for the donation of Pampers. Your donation will go to good use in the shelter.

## **Avenue of Nations Rotary Club**

Thank you to the Avenue of Nations Rotary Club for your continued support.

## **Helga Hemme**

We want to thank Helga Hemme who continues to be dedicated to our organization by knitting slippers, and toques for the women and children of WIN House. We truly appreciate your kindness Helga.

## **Canadian Women's Foundation**

Thank you to the Canadian Women's Foundation for your financial support.

## **Shaw Cable**

Special thank you to Shaw Cable for making Edmontonians aware of the needs in our donations program.

## **Earth's General Store**

A sincere thank you to Earth's General Store for the donation of baby bottles.

## **CTV and Global TV**

Thank you to CTV and Global TV for assisting with community awareness with the Relationship Handbook.

## **Highlands United Church**

We really appreciate the potted mums that members of Highlands United Church prepared for Mother's Day.

## **St. Philip Catholic Elementary School**

Thank you to all the Grade 5 students at St. Philip Catholic Elementary School who decorated napkins for the 4th Annual Reflex Manufacturing Empty Bowls for WIN House. We appreciate all the hard work and creativity that was necessary to make these beautiful napkins.

## **IBM Employees Charitable Fund Donations Committee**

Thank you to the IBM Employees Charitable Foundation for your support.

## **Company's Coming**

Thank you to Company's Coming for the donation of dishes and other assorted household items. We truly appreciate your generosity.

## **Newcomer's Club**

Thank you to the Newcomer's Club who generously donated Welcome boxes, we appreciate your support.

## **11th Annual Oracle IT Master's Golf Tournament**

Special thank you to the 11th Annual Oracle IT Master's Golf Tournament that raised \$10,000 for WIN House which will be put towards two defibrillators, and permanent shade structures for WIN I & WIN II. We would also like to thank the tournament sponsors: Sysco, Sierra Systems, Interdynamics and Oracle. This tournament has raised over \$70,000 for WIN House in the past 11 years. Thank you to all the participants and volunteers who continue to make this tournament a huge success year after year!

# WIN House Happenings



WIN House was pleased to hold the 18th Annual Servus Credit Union Win FORE WIN Women's Golf Tournament on May 26th.

The staff at Eagle Rock Golf Course and Eagle's Nest Catering did an incredible job and were definitely a contributing factor to what was a wonderful day.

We were fortunate to have Lorna Craig of Servus Credit Union, join us and comment on this important fundraiser for WIN House:

"Servus Credit Union has sponsored this tournament for the last six years. We are proud to play a small part in helping the women and children at risk of domestic abuse in this city. Edmonton is one of the best places in the world to live. But Servus Credit Union knows that not all our families share in our prosperity and our secure lifestyles. This is why we are so pleased to support the Edmonton Women's Shelter."

This tournament could not be possible without the tremendous support of our sponsors, prize donors and volunteers. WIN House sincerely thanks everyone who helped make this year another success! We look forward to another great tournament again next year.



**4th Annual Reflex Manufacturing Empty Bowls for WIN House**  
September 29, 2008  
Sutton Place Hotel

WIN House is pleased to invite you to the 4th Annual Reflex Manufacturing Empty Bowls for WIN House! This unique pottery themed Luncheon and Silent Auction will be held on September 29, 2008 at the Sutton Place Hotel from 11:30am - 2:00pm. Guests will enjoy an excellent silent auction with great items, delicious luncheon, and special musical performances.

Grade 5 students of St. Philip Catholic Elementary School eagerly decorated tablecloths, and napkins for this event on September 29th 2008. We thank all the students for putting such great time, thought and effort into decorating for Empty Bowls. Principal Posteraro and the grade 5 teachers were very helpful!

This event could not be possible without the generous support of the community. We are always looking for new sponsors and prize donors to help make Empty Bowls another success.

Tickets for this event are only \$25 or you can purchase a Full House Table of 10 for \$240! Tables fill up fast and all tickets must be pre-ordered so call today and be a part of this important fundraiser for WIN House.

For more information on this unique event or to purchase tickets please call Christine Thompson at 471-6709 ext 226.

## Would you like to be a member?

For a tax-deductible fee of only \$25 you too can be a member of EWS. Membership entitles you to receive a copy of all newsletters and publications issued by EWS, as well as the ability to vote at our Annual General Meeting. Membership year is July 1 - June 30. For more information call 471-6709.

# Architectural Student Chooses WIN House for Design Project

Mark Tofsrud is a Project Manager at Kasian Architecture Interior Design and Planning Ltd. here in Edmonton who contacted WIN House to seek our input regarding a project he is completing as part of his architectural training to become a registered architect. Mark was kind enough to share some of his insight on this project by answering a few questions.

## Why did you choose WIN House?

"I chose WIN House because as a part of my architectural training through the RAIC (Royal Architectural Institute of Canada) Syllabus program, I am to design a collective habitat. A collective habitat could include a self-image reconstruction center, assisted living habitat, etc. I chose to do a women's shelter based on WIN House as a model organization. I found that this type of occupancy has some interesting challenges."

## What are some important considerations to keep in mind when planning a shelter?

"Security is obviously a major concern and must be addressed to ensure the occupants feel that they are in a secure and safe environment."

## What kinds of challenges are caused by this kind of economy here in Alberta?

"In today's economy construction prices are soaring. The demand for materials is higher than ever which causes prices to escalate. Sustainable architecture is gaining momentum based on the state of the environment and climate. Designing buildings that consume fewer natural resources (water, electricity) and choosing materials that can be easily dissembled and recycled (at the end of a building's life span) is a challenge that can add higher initial construction costs, but will be offset in lower operating cost over the building's life span."

*We wish him all the best with his project.*

## Donate Online

You can now make monetary donations to WIN House online! Visit our website, [www.winhouse.org](http://www.winhouse.org) and click on the icon "Donate now through [CanadaHelps.org](http://CanadaHelps.org)". It is quick and easy!

## How Can You Help?

Any donations that you may give go directly towards the services and programs for the women and children of WIN House. Tax receipts can be provided for monetary donations. Please consider WIN House when you are planning your charitable donations for 2008 and beyond. We retain the confidentiality of all donors' names and membership lists. We do not sell or share donor lists or membership lists.

If you would like to make a tax deductible donation, please call Karen Poitras at 471-6709 ext. 223. (Charitable registration #: 107 28 3301 RR 0001)

# Our Guests Don't Have Time to Pack an Overnight Bag

Many of our guests leave their homes unexpectedly and do not have time to collect the things that they and their children will need. WIN House supplies the necessary personal incidentals and therefore we need a constant supply. People commonly ask what we need, so here are a few ideas! (Demand is greatest for household items to help women start new homes.)

## WIN HOUSE WISH LIST

### Always Needed...

- Grocery store gift certificates
- Cutlery
- Pots and pans
- Serving and mixing bowls
- Dishes
- Glassware
- Pillows
- Bed Linens (single/double/queen)
- New toiletries (shampoo, conditioner, women's deodorant, hair spray, mousse)
- New underwear (all sizes)
- Lamps (table and standing)
- Towels (Kitchen & bath)
- Small appliances:  
Coffee makers, toasters, mixers, kettles & can openers
- Curling Irons
- Hair Dryers
- Socks, Slippers, and Pajamas

### Women

- Make-up
- Sweaters, blouses
- Sweat suits
- Housecoats
- Gift certificates (Music, clothing)
- Craft kits
- Stationery, journals, diaries

### Teenagers

- Gift Certificates (Music, clothes)
- Movie passes
- Walkmans
- Art supplies
- Sweaters/sweatshirts
- T-shirts
- Track pants/ sweatpants
- New underwear & socks
- Cameras & photo albums

### Children

- Clothing
- New toys
- Shoes

### Baby/Toddler

- Clothing
- New toys
- Slippers
- New teething rings
- New bottles, nipples and soothers
- New diapers

Please let us extend our thanks in advance, as we are continually grateful for all of the items donated. Please contact the Business Office at (780) 471-6709 to arrange for drop-off.

### Hours of Operation

Monday through Thursday 8:30 am to 4:30 pm  
(closed for lunch noon - 1:00pm)  
Friday thru Sunday & Stat Holidays - CLOSED

# WIN House Statistics 2007-2008

Total Number of women and children served by WIN House	717
Number of families turned away due to lack of space	287
Number of crises calls	2102
Total number of women served	294

WIN House would not be able to assist as many women and children without the help of all of the individuals and organizations who continue to support us. The thoughts below are from women who have stayed at WIN House. Their words reflect what kind of impact WIN House had on the lives of themselves and their children.

*"Helped me become stronger as a parent and want to lead a more independent life."*

*"It helped my family and I get away from our abuser."*

*"WIN House taught me independence, to always look ahead and never look back."*

*"I have learned to keep myself safe."*

*"My family and I felt safe and comfortable. We now know we have a better future ahead of us."*

## WIN HOUSE

c/o P.O. Box 20088 RPO Beverly Edmonton, Alberta T5W 5E6

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**Thank you for  
supporting WIN House!**

YES! I want to support WIN House

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Business Phone (optional): \_\_\_\_\_

Here is my donation of: \$ \_\_\_\_\_ Email address (optional): \_\_\_\_\_

For an additional \$25 I would like to become a member. (Membership year runs from July 1 to June 30)

I'm enclosing my cheque/money order payable to WIN House

Please charge my credit card: VISA  Mastercard

Total Charge: \_\_\_\_\_

Credit Card number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_

(We retain the confidentiality of all donors' names.)

Please return this form along with your donation.

Charitable registration #: 107283301 RR 0001 [www.cra-arc.gc.ca/tax/charities](http://www.cra-arc.gc.ca/tax/charities)

# Programs Offered by the Edmonton Women's Shelter

EWS offers shelter and support for women who are psychologically, physically, sexually, spiritually or financially abused. Edmonton Women's Shelter operates two residential shelters for women with or without children leaving abusive relationships. These two shelters are called WIN House. Edmonton Women's Shelter believes in the fundamental equality of women and that violence against women is a societal problem. EWS also believes that the world should be free from violence and that women should be empowered and self-determined.

## CRISIS INTERVENTION

- Temporary shelter, food and personal necessities for women and children staying at WIN House (for a period of up to three weeks) who are seeking refuge from abusive relationships.
- A 24 hour support and information line.

## CHILD SUPPORT PROGRAM

- Daily programming for children and youth of all ages.
- A school maintenance program.

## VOLUNTEER PROGRAM

- Opportunities for involvement in special events and helping to sort donations.

## DONATIONS PROGRAM

- A donation distribution system for household items, clothing and personal items.

## OUTREACH PROGRAM

- Practical and emotional support given to women when they leave the shelter, strengthening their access to community resources.

## PUBLIC EDUCATION

- Presentations on family violence to large or small groups on request.

Canadian Publications Mail Product Sales Agreement #40064062



An Ongoing Project of  
Edmonton Women's Shelter Ltd.  
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